

Bozeman Senior News

Winter 2011 Edition

Executive Director, Judy Morrill

586-2421

Associate Director, Emily Propst

November

THANK YOU Fall Festival Volunteers!
Wednesday, November 30 at noon.

The 2011 Fall Festival was a huge success again this year, thanks to so many wonderful and dedicated volunteers. We would like to say Thank You by inviting all volunteers to a special dinner, compliments of the Bozeman Senior Center. We hope each of you can make it! A special Thank You to Rosauers and Smith's for donating 100 paper bags for our bag sale. Thank You to Rosauers, Smith's, Town and Country, IGA, and Albertson's for allowing us to sell raffle tickets at their location. The Bozeman Senior Center raised a grand total of \$19,354.04. A big thanks to everyone who helped clean up from the event: Rocky Mountain Hospice, Hopa Mountain Youth Group, MSU students, and many other individual people. Thank You!

Thanksgiving Dinner. Thursday, November 17th at noon.

Join us for a special Thanksgiving dinner and an opportunity to give thanks! Alice Hanks will perform. Call 586-2421 to make your reservation by Tuesday, November 15th.

Veteran's Day Dinner. Friday, November 11 at noon.

On this day, dinner for veterans is on us! Please help us by calling in your reservation so we have enough food for everyone (586-2421). **All Veteran's eat free!** In the evening, the Chor-drustlers will host a free evening of Patriotic "Tribute to Veterans" music and entertainment. This wonderful event is free and open to the public, so plan to come to both.

The evening program begins at 7:00pm at the Senior Center.

Cinnamon Rolls
will be sold November 11, December 9, &
January 13 for \$1.25 each at 9:30am
They are delicious!

Senior Dances

Saturday: Nov. 12, Dec. 31, & Jan. 14.

The Dec. 31 dance will ring in the New Year! Join us at the Bozeman Senior Center from 7pm-10pm.

Live Entertainment by the talented Blue Spurs Band.

Cost is \$5.00/person. All ages are welcome! Refreshments provided.

Blood Profiles

Wednesday, November 9th

from 8:00am-10:00am at the Bozeman Senior Center.

Please call for appt. 586-2421.

Calendar Reminders:

Pancakes Supper & Bingo:

November 21 & January 23 at 5:30pm cost is \$3.25 for all you can eat. Bingo will follow, with cash prizes. No pancakes/bingo is scheduled for December.

Book Club Discussion:

November 21, December 19, & January 23 10:30am in the Board Room.

"Share Your Holiday Sprit"

Cinnamon rolls on **December 9** will come with warm Apple Cider ...for the same great price: \$1.25!

Christmas music will be playing in the dining room as well.

Come enjoy!

9:30am-11:00am

No reservations needed!

November

Guest Speakers:

Tommy Donovan with Rocky Mountain Hospice.

Wednesday, November 9th at 10:00am.

Are you aware of all the Medicare benefits with Hospice? Did you know that Medicare pays 100% for hospice care? Tommy Donovan, Ph. D will be here to explain and answer any questions you may have regarding hospice care.

Jeff King with Edward Jones, Inc.

Wednesday, November 16th at 1:00pm.

Any Montana resident who files taxes can have a Montana Medical Savings Account. Jeff King, Edward Jones Inc. will be here to discuss how you might reduce your Montana Taxes by having a Montana Medical Savings Account.

Marsha Goetting-Dying without a Will

Thursday, December 8th at 1:00pm

Think you know who received your property when you pass away? Think Again...

Do you know who will receive your property if you pass away without a will? Do you know when a will or trust has control over your property and when they do not? Marsha Goetting, Extension Family Economics Specialist at MSU will answer these questions and also explore how you can avoid probate on death designations (POD's), transfer on death designations (TOD's), and other beneficiary designations. She will share how Montana law provides a method of distributing items that do not have title and highlight the Beneficiary Deed law that was passed by the Montana legislature.

Group Watercolor Painting:

Every Wednesday at 9:30am in the Dining Room. Join an informal group of watercolor enthusiasts. Mentored by Ferna Surdahl.

Please bring your own supplies. This class is FREE!

Just a Reminder:

The following are official holidays for the Bozeman Senior Center; therefore we will be closed:

Thanksgiving, November 24 & 25

Christmas, December 23 & 26

New Years, January 2

Martin Luther King Jr. Day, January 16

New York State Day!

Thursday, November 3. Enjoy a delicious lunch & learn more about the state of New York. If you were born in the state of New York or ever lived in the state, we will treat you to lunch.

New Exercises Class/Change in Schedule at the Senior Center!

Silver Sneakers is now offered on Tuesday and Thursday mornings at 8:00am as well as Wednesday and Friday mornings at 9:00am.

Walking will continue inside the center on Tuesday mornings beginning at 8:45am.

Fall Prevention is a new class being offered on Thursday mornings at 9:00am.

Strong Women/Men is now being offered 5 days a week! Monday-Wednesday-Friday at 8:45am and Tuesday-Thursday at 1:00pm.

Yoga and Balance classes are on Wednesday's at 1:00pm and 2:00pm respectively.

Need a Christmas Gift Idea? Purchase a gift certificate at the Senior Center front desk for many things at the Senior Center: Bingo, 2nd Hand Rose Thrift Store, Travel Trips, Computer Room and Exercise Classes. Stop by the front desk and we will get you all set up.

Specials for 2011: Pay for a whole year of exercise by Jan. 31, it is \$100.00, giving you a savings of \$20.00. Pay for a whole year of computer room use, by Jan. 31st, it is \$50.00, giving you a savings of \$10.00. Stop by the Senior Center front desk and enjoy these great savings.

December

Services for You:

Support Groups meeting at the Senior Center:

Forgetters Group:

2nd Wednesday of each Month at 1:00pm.

Cindy Pipinich is the new facilitator.

Association for the Blind:

2nd Thursday of each month at 1:30pm.

Multiple Sclerosis:

3rd Tuesday of each month at 3:00pm.

Grandparents Raising Grandchildren:

2nd and 4th Wednesday at 10:00am.

Board of Directors Elections:

All Bozeman Senior Center members are encouraged to come in the week of December 5-9, 8:30am-4:30pm to vote for your choice of Board of Directors. The following members are running for three openings on the board: Johanna Prindiville, Grace Holiday, Jim Ramsey, and Lonnie Lear. All are excellent candidates. Come to the Senior Center front desk to vote, see pictures, and information on each candidate.

Did you know....

Bozeman Senior Center has over 1,850 members! We are proud to have all of you! Please make your New Years Resolution for 2012 to participate in more and more activities and programs the center offers. Stop by Emily's desk and offer to volunteer, too.



New Years Eve Dinner.

Friday, December 30 at noon. Ring in the New Year at the Senior Center! We will have a festive meal with hats and horns to help ring in the new year!

Pearl Harbor Remember Day.

Wednesday, December 7 at noon. Where were you when Pearl Harbor was attacked? Did you have family at Pearl Harbor? Share your story with us on December 7.

Christmas Dinner.

Tuesday, December 20 at noon.

Make your reservations in advance for our annual Christmas Dinner. The Bozeman High School Jazz Choir will be performing!



Driver Refresher Class:

AARP Driver Safety Program, **Wednesday, December 7 at 12:30pm-5:00pm.** The cost is \$14.00 for non AARP members and \$12.00 for AARP members. Please bring your driver's license and your AARP membership card and make checks payable to AARP. Please call the Center at 586-2421 to sign up.

Alaska State Day!

Tuesday, December 13. Enjoy a delicious lunch & learn more about the state of Alaska.

Beginning Bridge/Duplicate Bridge Transition Class

Students will learn current bidding methods and be introduced to the equipment used in Duplicate Bridge. Students not interested in continuing into Duplicate game, will find that the formal style of Duplicate is easily transferred to Social Bridge setting. Ten lessons beginning on Wednesday, January 18 at 9:30am, taught by Jack Stone. Call the Senior Center, 586-2421 to sign up. The class is free; must purchase a textbook. While you do not need a partner, this is a great activity to learn with a friend.



January 2012

Senior Center Winter Walking Program.

“Touring Southern South America”. January 2012

The pedometer walking program will travel, vicariously (of course), over southern South America and make many stops to learn about the area along the path. During the winter months, it is often hard to get out and keep moving. This is an opportunity to help get those steps in that are so important each day. Any and all may join. You do not have to be an avid walker to participate. Mark your steps each day in your daily activities count. The starting date and schedule will be announced mid December. Packets/Pedometers will be available the first week of January. Pedometers are available to purchase at the center any time if you would like to get an early start on step counting.

“Piggy Banks for Meals-on-Wheels Campaign”

Wednesday, January 18th we would like to ask for your help supporting the Meals-on-Wheels program. We have some very cute “Piggy Banks” that you can check out at the Senior Center front desk. Pick up your pig today! If you bring in your pig, full of change, we will treat you to a FREE LUNCH. Thank you, in advance, for your help. We are now delivering over 90 meals a day to homebound senior citizens in the Bozeman area. Your help is always greatly appreciated.

New Member Coffee.

Wednesday, January 11 at 1:00pm. Have you joined the Bozeman Senior Center in the last year? If so, join us for a meet & greet at 1:00pm here at the Center! Refreshments will be served, provided by Highgate Senior Living. We look forward to getting to know more about you! No reservations needed.

Oil Painting. It is the **1st and 3rd Monday of each month** from **1:00pm-4:00pm**. The teacher is May Mace and the cost is \$8.00 per person. You will need your own supplies and canvas.

“Why Don’t You Check It Out”

The Second Hand Rose Thrift Store, in the basement of the Senior Center offers some of the best shopping in town! It is open from 10:00am to 2:00pm, Monday through Friday. If you are not a regular shopper in our store, you need to check it out. “Best Prices in Town” and also the very best volunteers running the store.

Also, the **Library in the basement Rec Room**, also run by wonderful volunteers has a terrific selection of books on sale. Paper backs - 25 cents and hard backs - 50 cents. **If you have rummage and/or books you want to get rid of, please bring them to the Senior Center, between 8:30 and 4:00 Monday through Friday.** Our Thrift Store and Library are successful thanks to donation items from all of you and our wonderful volunteers who manage the store.

Super Bowl Party

Mark your Calendar! Sunday, February 5, 2012 Super Bowl Party at the Bozeman Senior Center Rec. Room. We will provide pizza. Join us at 4:00pm for a fun evening.

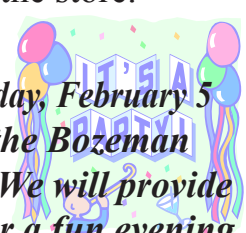
Winter Day Trip! January 25, 2012.

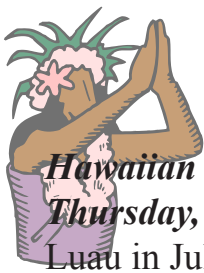
320 Ranch Sleigh Ride. \$68.00

Call 586-2421 to get signed up!

For Snowbirds and Travelers:

Post office charges us for return postage with our quarterly newsletters returned to us for snowbirds and extended travelers. This cost really adds up when we send out four newsletters a year to over 1850 members. If you are going south for the winter or are going to be gone over an extended period, please call the center and ask for Sue, 586-2421. She will note these dates in our membership file and your change of address while you are away. Thank you for helping to reduce this mailing cost.





January 2012

**Bozeman Senior Center
Travel Department**

Complete itineraries for each trip are available at the Senior Center front desk.

Hawaiian State Day/Luau at noon!

Thursday, January 20. If you missed our Luau in July, be sure to come for our noon Luau! Have fun planning your winter Hawaiian outfit and join us. If you were born in Hawaii or have ever lived in Hawaii, lunch will be on us!

Second Hand Rose Style Show:

Friday, January 27 at 12:00 noon. Winter is here, looking for any new additions to your wardrobe? Our very own members will model some exciting winter wear from the Thrift Store. These outfits are sure to look great without breaking your budget. Come enjoy a delicious meal and great fashions as well. Then head downstairs to shop, shop, shop!

Wear your favorite sweatshirt day.

Thursday, January 26, 2012.

Do you have a favorite sweatshirt that you love to wear at home? We invite you wear that sweatshirt to the Bozeman Senior Center on Thursday, January 26th at noon. If you do, we will treat you to lunch.

Cross Country Skiing/Snowshoe Program

2012 This program is designed to be enjoyable for everyone! The program provides an opportunity to enjoy Bozeman's beautiful winter scenery with your peers. The Bozeman Senior Center XC Skiing/Snowshoe program is geared to new and experienced skiers and snowshoers! Each Tuesday morning at 9:00am we will meet at the Senior Center and car pool to various trails throughout the Bozeman area. The program begins on January 10 and ends the last Tuesday of March. If you have any questions, please contact Emily at 586-2421.



Winter Coeur d'Alene Trip: December 7-9, 2011

Stay at the gorgeous Coeur d'Alene Resort for two nights. Enjoy a boat ride on the lake in an enclosed boat to enjoy the thousands of holiday lights. See a great live theater performance "G I Holiday Jukebox". Please sign up by Nov. 1st. Cost is \$384.00 per person double occupancy, with an additional \$150.00 if you are staying alone.

Cruising the Hawaiian Islands: 15 day cruise, leaving Feb. 25, 2012.

Enjoy cruising on the beautiful Holland America Oosterdam ship. Fly to San Diego to board the ship. Enjoy several days on the ship as you cruise to the Hawaiian Islands and back. Have all day for shore excursions in each port: Maui, The Big Island, Oahu, Kauai, and even Ensenada, Mexico before coming back to disembark in San Diego. Cost of your choice of cabins also includes your plane fare. Inside Stateroom: \$2999.00 per person, double occupancy, Ocean View: \$3499.00 per person, and Balcony: \$3999.00 per person. What a wonderful way to relax, enjoy warm, sunny weather in February, and see the beautiful sites of Hawaii. Aloha. A \$790.00 deposit is due by Nov. 1st.

England, Ireland, Scotland, and Wales. April 27 - May 11, 2012.

This is a fantastic trip, flying to London to begin your 15 days of sightseeing. Highlights of the trip are Stonehenge, Bath, Cardiff, Waterford Crystal Factory, the Blarney Castle, Killarney, the Ring of Kerry, Dublin, Wales, the Lake District, Edinburgh, York, and the Stratford on Avon. Complete itinerary available at the Senior Center front desk. Cost is \$4569.00 per person, double occupancy. Final payment due by February 20, 2012.

Rails of New England. September 2012.

8 days. \$2,699.00/person.