

# Bozeman Senior News

*Fall 2011 Edition*

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586-2421

Associate Director, Emily Propst

## *August*

*The Bozeman Senior Center now has an official logo:*

*“Living It Up! Where Active Seniors Stay Active”.*

visit our website: [www.montanaseniorcenter.org](http://www.montanaseniorcenter.org)

### *Taste Of The Senior Center:*

*Tuesday, August 2, 12:00 noon.*

Modeled after downtown Bozeman’s annual “Sweet Pea”, we will be having our own enjoyable “Taste of the Senior Center”. Come enjoy a delicious meal including **BABY BACK RIBS and SHRIMP SCAMPI**. We will have Dennis Downing and the Wooliebuggers entertaining you at your tables. Suggested donation is the same as usual, please sign up so we have plenty of food. ENJOY our fun special day at the Senior Center.

### *Taste of New Orleans:*

*Tuesday, August 30 at noon.*

Enjoy the southern style of New Orleans at the Bozeman Senior Center! The noon meal will be complete with Jazz music and festive cuisine. We invite those who have visited the city to share photos and stories of the experience. **Sign up for this event by Friday, August 26.**

### *Art Fair:*

*Friday, August 26. 10:00am-1:00pm.*

On display at the Center will be oil paintings, watercolor paintings, handmade jewelry, hand-carved woodwork, woodwork, quilts, tie-dye clothing, creative writing, etc. If you would like to display your art work, call Emily at 586-2421 and we will reserve space for you! Space is limited to 2 card tables each. This Art Fair is open to the public. Plan to come enjoy the talent of our senior community! Items may be for sale, too.

*Cinnamon Rolls  
will be sold Aug. 12, Sept. 9 and  
Oct. 14 & 15 for \$1.25 each at 9:30am  
They are delicious!*

### *Senior Dance:*

*Saturday Sept. 24.*

*Saturday Oct. 8*

The dance will be held at the Senior Center from

7pm-10pm. **Entertainment**

**is provided by the talented**

**Blue Spurs Band.** The cost

is \$5.00/person. People of all

ages are welcome!

**Blood Profiles** will be

held **August 3** from

8:00am-10:00am, at the

Bozeman Senior Center.

Please call for appt,

586-2421.

### **Calendar Reminders**

#### **Pancakes Supper & Bingo:**

August 15, Sept. 19 and Oct. 17

at 5:30pm cost is \$3.25 for all

you can eat. Bingo will follow

with cash prizes.

#### **Book Club Discussion:** Aug. 15,

Sept. 19, and Oct. 17 at 10:30am

in the Board Room.

#### **Rest Stop continues through**

**Sept!** Please call Emily,

586-2421 to **volunteer**. The

Rest Stop is held on Fridays &

Saturdays from 8am-3pm at the

rest area located on North 19th.

This is a great fundraiser for our

Center. Thank You for helping!



## August

### **Civil War Presentation.**

**Thursday, August 18 at 10:00am.**

Join Dr. John W. Kohl, retired MSU professor, as he portrays the civil war life of Private John Christian Kohl. The presentation begins when the young soldier enlists in the civil war. The presentation is complete with civil war attire and slides.

### **North Dakota State Day:**

**Wednesday, August 24 at noon.**

If you are from North Dakota or have ever lived in North Dakota, let us treat you to lunch on this day! Join us as we share facts about the state of North Dakota.

### **Back-To-School Day:**

**Wednesday, August 31 at noon.**

Do you have a fond "back-to-school" memory? Perhaps you enjoyed the back-to-school shopping (new shoes/backpack) or enjoyed the walk/bus ride to school. Share with us your favorite back-to-school memory. We will also have some fun trivia!

### **2nd Hand Rose Thank You Dinner:**

**Tuesday, August 16 at noon.**

Please join us on this special day as we thank the volunteers of the 2nd Hand Rose Thrift Store. A free lunch will be given to all those who have volunteered in the store over the past year. Sign up at the front desk by Friday, August 12.

**Oil Painting** has begun. It is the 1st and 3rd Monday of each month from 1:00pm-4:00pm. The teacher is May Mace and the cost is \$8.00 per person. You will need your own supplies and canvas.



**Group Watercolor Painting:** Every Wednesday at 9:30 a.m. in the Dining Room: Join an informal group of watercolor enthusiasts. Mentored by Ferna Surdahl, please bring your own supplies. This class is FREE!

### **Just a Reminder:**

Come play cards and enjoy a fun afternoon. **Pinochle** is played each Thursday at 1:00pm. **Bridge** is played Wednesday and Friday at 12:45pm with cash prizes each time.

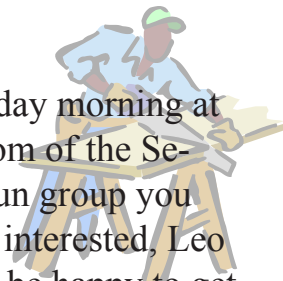
Some of our programs have been cancelled for the summer but will be up and running again in September.

### **Carpenter Shop monthly members meeting:**

Wednesday, Sept. 1, 10:00 a.m. For all of you who enjoy the wonderful carpenter shop in the basement of the Center, this meeting is for you. Please come and help with plans for Fall Festival woodworkers sale, and plans for the dust control system in the shop.

### **Woodcarvers:**

Woodcarvers meet every Monday morning at 9:30 a.m. in the Recreation room of the Senior Center. They are a very fun group you would really enjoy. If you are interested, Leo Atchison is in charge. He will be happy to get you started. Woodcarvers are out doing other things on Monday mornings until September, so see you Sept. 13th, and then on Monday mornings on a regular basis.



### **Forgetters Group:**

The Forgetters Group meets on the Second Wednesday of each month at 1:00 p.m. This group, also on vacation for the summer, will meet again on Wednesday, Sept. 14th. This is a great group that very informally talks about ways to cope with memory loss and dementia.

*The Singing Souls: Tuesdays at  
1:30pm  
at the Bozeman Senior Center*

## September

*Association for the Blind meets at the Senior Center 2nd Thursday each month at 1:30pm. This meeting is open to anyone who is visually impaired.*

### ***Grandparents Day:***

***Friday, September 2 at noon.***

This will be a special day to honor anyone who is a Grandparent. Please join us for lunch as we celebrate the wonderful joy of being a Grandparent. We will also offer a special treat to the Grandparents who have the most Grandchildren & Great-Grandchildren!!

### ***Native American Day:***

***Wednesday, September 29 at noon.***

Please join us at noon as we take a look at the Native American tribes in Montana. We will discuss different languages & cultures. If you have any Native American artifacts, we invite you to share them with us on this day.

### ***State Day: Virginia!***

***Tuesday September 27.***

Enjoy a delicious lunch while learning more about the state of Wisconsin. Brush up on your Virginia facts for a fun game of Virginia Trivia!

### ***Guest Speakers:***

***Municipal Bonds Presentation: Perception vs Reality. Wednesday, August 3 at 10:00am.***

This seminar will in perspective the financial health of your municipal bonds. Presentation is brought to you by Michael McCormick of Cascade Financial Management.

### ***Stages of Senior Care:***

***Thursday, September 22 at 10:30am.***

Join Ruth Ann of Home Instead to discuss the stages of senior care.

***Monday, September 5, Center Closed,  
Labor Day***

### ***Name That Tune!***

***Thursday, September 15 at noon.***

Back by popular demand! Come to the Senior Center for lunch on this day for an enjoyable and fun game of Name That Tune. Prizes will be awarded to the table with the most correct answers! Tunes will be played by Grace Holiday. Please call in advance if you plan to attend, 586-2421.

### ***Author's Day:***

***Wednesday, September 28 at 10:30am.***

Did you know that the Senior Center has talented local authors? Come see for yourself on Wednesday Sept. 28 at 10:30am. Authors will display copies of their literature and will even sign a copy just for you! Price may vary on purchasing books.

### ***Western Day:***

***Friday, September 23 at noon.***

Get out your cowboy boots, cowboy hat, bandana, etc and come for lunch on this exciting Western Day! Be ready to share a memory of a fond rodeo experience or maybe you even participated in one! Also, feel free to share pictures of these exciting memories.

### ***Blue Spurs Band, Senior Dance:***

***Saturday, September 24 from 7:30pm-10:30pm***

Join us at the Senior Center for great music, dancing, and refreshments. The cost is \$5.00/person at the door. See you there!

### ***Driver Refresher Course:***

***Wednesday, September 7 from 12:30pm-5:30pm.***

This class is held in our downstairs meeting room. Please call 586-2421 to sign-up. It is \$12.00 for AARP members and \$14.00 for non-AARP members.

## October



### **Fall Festival!**



**Friday & Saturday, October 14th & 15th.**

Our annual Fall Festival is approaching! The Fall Festival is our biggest fundraiser of the year. The Center becomes an enormous garage sale! Come shop for household items, jewelry, winter clothing, Christmas decorations, plants, hand-made wooden items, baked goods, gifts, antiques & much, much more! If you would like to volunteer, contact Emily at 586-2421. If you have items to donate, please bring them in **before October 3**, so we have time to price & sort the items. A delicious lunch will be served each day including a roast beef dinner or sandwiches with choices of soups- clam chowder, vegetable beef, potato bacon, and chicken noodle. All so delicious! Lunch is served from 11:00am-1:00pm.

### ***POLST Information/Advance Directives.***

***Wednesday, October 19 at 1:00pm.***

Please join Dr. Borgenicht as she discusses the terms of the POLST form as well as information on Advance Directives. It is never too soon to be start planning for the “what if’s” in life. We hope to see you for this informational presentation.

### ***Halloween Celebration.***

***Monday October 31.***

Celebrate Halloween with us dressed in your best costume, while you enjoy a delicious dinner. There will be prizes for the best costumes!!

### ***Blue Spurs Band, Senior Dance:***

***Saturday, October 8 from 7:30pm-10:30pm***

Join us at the Senior Center for great music, dancing, and refreshments. The cost is \$5.00/ person at the door. See you there!

### ***Columbus Day Holiday***

***Monday, October 10.*** The Center will be closed as it is a work day for Fall Festival Volunteers.

### ***Services for You:***

#### ***REVERSE ANNUITY MORTGAGE PROGRAM:***

If you could use extra money each month to help pay medical bills, taxes on your home, repairs, car payments, or even a vacation, a Reverse Mortgage might be just the thing for you. If you are over the age of 68, own or almost own your home, and have an income below the following: 1 person household: \$21,780.00 annually. 2 person household: \$29,420.00 annually. Please call Judy, 586-2421 for more information.

#### ***ALZHEIMER IN-HOME RESPITE CARE PROGRAM:***

If you are caring for a spouse or family member and need respite time away, we may have help for you at a very reasonable cost of only \$3.00 per hour. Please call Judy, 586-2421 for more information.

#### ***Wonderful Massage Chairs:***

In the Senior Center lobby, two wonderful massage chairs are here, for your use, free of charge. These chairs give a great massage, so come in between 8:30am and 4:00pm and enjoy this great service.

### ***October Fest:***

***October 19 at noon.***

Come enjoy a delicious German Dinner and fun entertainment.

# ***Bozeman Senior Center Travel Department***

Complete itineraries for each trip are available at the Senior Center front desk.

## ***New Mexico/International Balloon Fiesta.***

***October 4-10, 2011.***

This is a motorcoach trip, with the highlights being the International Balloon Fiesta to watch the mass ascension, visit Santa Fe and Sandia Peak, a Turquoise Museum, as well as the Indian Pueblo Cultural Center. Lots of sightseeing, lots of meals, and a great price. \$1300/person, double occupancy. Last chance to get on this great trip.

## ***Panama Canal Cruise. October 28, 2011***

Cruise Information: Fly to San Diego. Sixteen day cruise aboard the Celebrity Infinity ship, stopping for most of each day in the following ports: Cabo San Lucas, Acapulco, Puerto Quetzal, Guatemala, Puntarenas, Costa Rica, Colon Panama, and Cartagena, Columbia, as well as going all the way through the Panama Canal. Cost depends on the cabin category you choose. From \$2999.00/person, double occupancy. This is your last chance to get on this great trip.

## ***South Africa.***

***October 27-November 4, 2011.***

A trip of a lifetime. Full itinerary is at the Senior Center front desk. Cost: \$4989/person, double occupancy. Two spaces left!

## ***Jackpot, Nevada.***

***September 28-30, 2011.***

Pack your bags and get ready for a great time. Cost is \$125.00 double occupancy. and \$135.00 single. Get signed up right away! Pat Donehoo will be your escort; this trip will be full. Cost includes your lodging and bus fare.

## ***Winter Coeur d'Alene Trip.***

***December 7-9, 2011.***

Stay at the gorgeous Coeur d'Alene Resort for two nights. Enjoy a ride on the lake in an enclosed boat to enjoy the thousands of holiday lights. See a great live performance "GI Holiday Jukebox" and enjoy all the Resort has to offer. Cost is \$384.00/person double occupancy. Get signed up right away.

## ***Branson Missouri.***

***October 31-November 4, 2011.***

Highlights include: "Ozark Mountain Christmas", Showboat Branson Belle, Danny O'Donnell, Twelve Irish Tenors, Miracle of Christmas, Yakov Smirnoff, Shoji Tabuchi, visit to the College of the Ozarks, tour of Mt. Pleasant Winery, and shopping at Branson Landing. Cost: \$1489.00/person, double occupancy. There is room for you!

### ***Possible Trips for 2011:***

- \*Thailand. March 2012
- \*China/Yangtze River. October 2012
- \*Chile & Argentina. Fall 2012

*Let us know which ones you're interested in.*



